



SA PHONE MEETINGS!!!

Unable to attend your regular face to face meeting?

Can't leave your house because of sickness, bad weather, car won't start?

Difficult to get to a meeting when you're traveling?

NOW YOU CAN MAKE A MEETING EVERY DAY!!!

- 1 Attend a live SA teleconference meeting with others around the world who are seeking sobriety.
- 2 If the line is silent when you call, you may need to wait a few minutes until others call.
- 3 Be courteous; mute your phone if there is background noise at your location.
- 4 Follow the normal guidelines of a regular face-to-face meeting.
- 5 Phone meetings are not intended to replace face-to-face meetings. Please attend local meetings, get a sponsor, and work the steps!
- 6 To find a face-to-face meeting visit www.sa.org
- 7 Some meetings are mixed gender and others are men only, as specified. For women-only meetings, see below.
- 8 Women In SA (WISA), uniting women for fellowship, recovery and helping women ease into a dominantly male fellowship. Includes weekly phone meetings, email lists, and Internet meetings. Women are screened before entering meetings. Contact information at www.womeninsa.org
- 9 Phone access number is **712-338-8720**, then PIN 5403#, 5661#, or 1339# per the table below. Backup number is 218-339-2699 then PIN 349956#. Meeting times vary across many time zones, and daylight saving time may or may not be in effect. First-time callers may want to use the "Current Time in Base Time Zone" links to determine the relative day and time of a meeting.

Base Time Zone(s)	Meeting Time in Base Time Zone	Current Time in Base Time Zone	Days	Type	PIN
<u>United States</u> Eastern Standard Time (UTC-5) Eastern Daylight Time (UTC-4)	06:30 am	(click here)	All	Mixed	5661#
	07:30 am	(click here)	All	Mixed	5661#
	08:30 am	(click here)	All	Men	5403#
	12:00 pm	(click here)	Wed	Mixed	5661#
	02:00 pm	(click here)	Mon	Men	5403#
	08:00 pm	(click here)	Sun	Mixed	5661#
	09:05 pm	(click here)	Sun	Mixed	1339#
			Mon	Mixed	5661#
Tue thru Sat			Men	5403#	
Midnight	(click here)	All	Mixed	5661#	
<u>United Kingdom</u> Greenwich Mean Time (UTC+0) British Summer Time (UTC+1)	06:30 am	(click here)	All	Mixed	1339#
	07:00 pm	(click here)	Thu	Mixed	5661#
<u>New Zealand</u> New Zealand Standard Time (UTC+12) New Zealand Daylight Time (UTC+13)	07:00 am	(click here)	Mon & Thu	Men	5403#
	06:00 pm	(click here)	All	Mixed	5661#

- For up-to-date meeting schedule, check www.denversa.org
- You may also OPT IN for updated SA Phone Meeting Schedules at <http://oi.vresp.com?fid=9458002652>